

# **APPLICATION FOR UNITED STATES PATENT**

**in the name of**

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**for**

**Suture Loading**

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# Suture Loading

## TECHNICAL FIELD

This invention relates to suture loading.

## BACKGROUND

Suture threads are used in various techniques for tissue repair. Various types of suture  
5 pushers are used to guide and insert suture threads into tissue, especially in arthroscopic  
surgery. When using a suture pusher, a suture thread is threaded through an opening or  
window in the suture pusher, much like threading a needle when sewing.

## SUMMARY

According to one aspect of the invention, a device includes a body defining a tapered  
10 hole for guiding a member, such as a suture thread, into a tube. The body also defines a slot  
communicating with the hole for separating the body and the member.

Embodiments of this aspect may include one or more of the following features. The  
body defines a bore for receiving the tube. The bore communicates with the tapered hole.  
The bore has, e.g., a constant diameter or is tapered. A width of the bore is greater than a  
15 width of a narrowest portion of the tapered hole. The slot extends from the tapered hole and  
the bore to an external surface of the body. A handle extends from the body.

According to another aspect of the invention, a device includes a tube and a body  
defining a tapered hole for guiding a member, such as a suture thread, into the tube. The  
body also defines a slot communicating with the hole for separating the body and the  
20 member.

Embodiments of this aspect may include one or more of the following features. The  
body is configured for connection to an end of the tube. The body defines a bore  
communicating with the tapered hole for receiving the tube. The bore has, e.g., a constant  
diameter or is tapered. A width of the bore is greater than a width of a narrowest portion of  
25 the tapered hole. The slot extends from the tapered hole and the bore to an external surface  
of the body. The tube defines an opening for receiving the member. A width of the opening  
is substantially the same as a width of the narrowest portion of the tapered hole. A handle  
extends from the body.

According to another aspect of the invention, a method includes coupling a body to an end of a tube. The body defines a tapered hole and a slot. The method includes guiding a member into the tube through the tapered hole, and separating the body and the member by passing the member through the slot. In an embodiment of this aspect, coupling includes  
 5 receiving the end of the tube in a bore in the body. The bore communicates with the tapered hole.

According to another aspect of the invention, a device includes guide means for guiding a member into a tube. The guide means includes means for separating the guide means and the member. The guide means is, for example, is a tapered hole in a body. The  
 10 means for separating is, for example, a slot in the body.

Advantages of the invention include, e.g., facilitating the threading of suture thread into an opening in a tube, and avoiding fraying of suture during insertion into the tube. Also, due to the ease of insertion, operating time during surgery can be reduced.

The details of one or more embodiments of the invention are set forth in the accompanying drawings and the description below. Other features, objects, and advantages of the  
 15 invention will be apparent from the description and drawings, and from the claims.

## DESCRIPTION OF DRAWINGS

Fig. 1 is a side view of a suture loader being used to insert a suture thread into a tube.

Fig. 2 is a perspective view of the suture loader of Fig. 1.

Fig. 3 is a front view of the suture loader of Fig. 1, taken along lines 3-3 in Fig. 1.

Fig. 4 is a side view of the suture loader of Fig. 1 showing the suture thread and the  
 20 suture loader being separated.

Fig. 5 is a front view of a second embodiment of a suture loader.

Fig. 6 is a side view of a third embodiment of a suture loader.

Fig. 7 is a perspective view of the suture loader of Fig. 6.

Fig. 8 is a side view of a fourth embodiment of a suture loader.

Fig. 9 is a side view of a fifth embodiment of a suture loader.

Fig. 10 is a side view of a sixth embodiment of a suture loader.

Fig. 11 is a side view of a seventh embodiment of a suture loader.

### DETAILED DESCRIPTION

Referring to Fig. 1, a suture loader 10 for use in threading a member, e.g., a suture thread 12, into a tube 14 includes a body 16 defining a tapered hole 18. Hole 18 tapers from a larger diameter opening 20 at a top surface 22 of suture loader 10, to a smaller diameter opening 24 at an internal region 26 of suture loader 10. Larger diameter opening 20 facilitates the threading of suture thread 12 into tapered hole 18. Suture loader 10 further defines a bore 28 extending from a bottom surface 29 of suture loader 10 to internal region 26 for communication with hole 18. Bore 28 is sized to receive tube 14 such that an opening 30 in an end portion 31 of tube 14 is aligned with smaller diameter opening 24 of hole 18 to receive suture thread 12 from hole 18. Bore 28 has a substantially constant diameter or tapers from a wider portion at bottom surface 29 to a narrower portion at internal region 26, for reasons discussed below.

Referring to Fig. 2, body 14 also defines a slot 32 communicating with tapered hole 18 and bore 28. Slot 32 extends from tapered hole 18 and bore 28 to an external surface 34 of suture loader 14 and to top and bottom surfaces 22, 29. Slot 32 allows the user to separate body 16 and suture thread 12, after suture thread 12 has been threaded through tapered hole 18 and into opening 30 in tube 14, by passing suture thread 12 through slot 32 and out of body 16.

Referring again to Fig. 1, to receive tube 14 in bore 28, a diameter  $D_1$  of bore 28 is slightly greater than an outer diameter of tube 14. To facilitate inserting suture thread 12 through opening 30 in tube 14, a diameter  $D_2$  of opening 24 is approximately the same as or slightly greater than a diameter of an entry hole 33 of opening 30 in tube 14. Thus, diameter  $D_1$  of bore 28 is greater than diameter  $D_2$  of opening 24. As previously discussed, diameter  $D_3$  of opening 20 is larger than diameter  $D_2$  of opening 24. For example, for a tube 14 having an outer diameter of approximately 0.0625 inches, and a diameter of entry hole 33 of 0.023 to 0.025 inches, diameter  $D_1$  of bore 28 is approximately 0.063 to 0.065 inches, diameter  $D_2$  is approximately 0.027 to 0.030 inches, and diameter  $D_3$  is approximately 0.120 to 0.130 inches. Alternatively, bore 28 can taper to a smaller diameter at internal region 26 that is smaller than the diameter of tube 14, e.g., by about 0.003 inches, such that there is a slight friction fit between tube 14 and bore 28, which helps to keep suture loader 10 on tube 14 during threading of suture thread 12, and which allows suture loader 10 to be subsequently removed from tube 14.

Referring to Fig. 3, slot 32 has a width  $W_1$  slightly smaller than diameter  $D_2$  of opening 24, but slightly larger than a width of suture thread 12. Width  $W_1$  is selected such that the user can thread suture thread 12 through tapered hole 18 without suture thread 12 unintentionally slipping out of slot 32 and can remove suture thread 12 through slot 32 once suture thread 12 has been inserted into opening 30 in tube 14. For example, for a diameter  $D_2$  of 0.027 to 0.030 inches and a suture thread width of 0.011 to 0.013 inches (size 0 suture thread), width  $W_1$  can be approximately 0.012 to 0.020 inches.

Referring again to Figs. 1 and 2, extending from body 14 is a substantially cylindrical handle 42 that allows the user to hold suture loader 10 in one hand while inserting suture thread 12 into suture loader 10 with the other hand. Handle 42 is oriented opposite of slot 32 to provide the user a visual and tactile reference as to the orientation of slot 32. External surface 34 of suture loader 10 includes a portion 36 that tapers from a larger width at top surface 20 to an intermediate width at internal region 26, and a bottom portion 40 that tapers from the intermediate width to a smaller width at bottom surface 29.

Suture receiving opening 30 in tube 14 extends from end portion 31 of tube 14 to a side port 44. An example of tube 14 in the form of a suture pusher is described in co-pending U.S. Patent Application No. 10/370,276, the entirety of which is incorporated herein by reference.

Referring to Figs. 1 and 4, in use, suture loader 10 is coupled to end portion 31 of tube 14 by inserting end portion 31 into bore 28, so that end portion 31 abuts internal region 26 around opening 24 and opening 30 is aligned with opening 24. Suture thread 12 is inserted into tapered hole 18 through opening 20 and guided through tapered hole 18 and into entry hole 33 of tube 14. Suture thread 12 is advanced through opening 30 and out port 44. Next, tube 14 is removed from bore 28 and suture thread 12 is separated from body 16 by passing suture thread 12 through slot 32, as shown in Fig. 4.

Referring to Fig. 5, an alternative suture loader 510 has a slot 532 for separating suture thread 12 and suture loader 510. Suture loader 510 includes a tapered portion 550 that serves to decrease the weight of suture loader 510 and facilitates molding of slot 532.

Referring to Figs. 6 and 7, a suture loader 610 includes a body 616 having a bottom portion 640, analogous to bottom portion 40, an intermediate portion 636, analogous to portion 36, and an extended portion 670. Body 616 defines a tapered hole 618 that is longer than tapered hole 18 of suture loader 10 to more easily facilitate threading the suture thread

into tapered hole 618. Extended portion 670 includes concave cutouts 676 (only one of which is shown) that lighten the weight of suture loader 610 and facilitate grasping body 616. Extending from body 614 is a handle 642 having two recessed sides 660 with ribs 662 that facilitate gripping by the user.

5 Figs. 8-11 show suture loaders 810, 910, 1010, and 1110 having varying shapes and contours of the tapered hole and body. Referring to Fig. 8, a hole 818 includes a constant diameter portion 821 leading to a tapered portion 825. Referring to Fig. 9, a tapered hole 918 curves from an opening 920 in a side surface 934 of suture loader 910 to a smaller diameter opening 924 such that opening 920 is substantially perpendicular to opening 924. Referring  
10 to Fig. 10, a tapered hole 1018 is formed by a straight walled portion 1021 and a tapered wall portion 1019. Referring to Fig. 11, an extended portion 1170 of a body 1116 is tapered from a wider diameter at an intermediate portion 1136 to a narrower diameter at a top surface 1120, in order to make suture loader 1110 lighter in weight.

A number of embodiments have been described. Nevertheless, it will be understood  
15 that various modifications may be made. For example, the tapered hole can have any suitable shape that facilitates passing a suture into a tube, such as a hole having a square, triangular or other cross section. The slot can be any passage that extends from the tapered hole to the external surface and that allows the suture loader and the suture thread to be separated. Also, the dimensions of the tapered hole, bore, and slot can be varied to  
20 accommodate different size suture threads or different size tubes. The body can be made without a handle. The external surface of the body also can have any appropriate shape, such as box-shaped, semi-spherical, or dome-shaped. Also the body can have interstices or cutouts to reduce weight. The suture loader can be made of any suitable material such as stainless steel, plastic, or ceramic. The tube can have any suitable configuration such as  
25 being curved, straight, or bent, and being round, elliptical, square, or triangular in cross section. The opening in the tube can, for example, extend the entire length of the tube, through a portion of the tube and may terminate inside the tube or in any of the walls of the tube. While embodiments have been disclosed for loading a suture thread onto a surgical instrument, it will be appreciated that the disclosed embodiments can be used to load any  
30 kind of filament onto an instrument that requires the filament to be passed through a narrow passage. These and other embodiments are within the scope of the following claims.